

CORONAVIRUS DISEASE (COVID-19) RESOURCES



The World Health Organization's (WHO) website has daily updates on the coronavirus outbreak:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

5-minute overview of what is known about the coronavirus including origin, how it is transmitted, symptoms and prevention measures: <https://www.youtube.com/watch?v=mOV1aBVYKGA#action=share>

How to help prevent workplace exposures to acute respiratory illnesses, including coronavirus:

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-business-response.html>

Basic protective measures against the new coronavirus

Most people who become infected experience mild illness and recover, but it can be more severe for others. Take care of your health and protect others by doing the following: <https://youtu.be/bPITHEiFWLc>

FAQs regarding the coronavirus: <https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>

Ways to cope with stress associated with coronavirus:

https://www.who.int/docs/default-source/coronaviruse/coping-with-stress.pdf?sfvrsn=9845bc3a_2

https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2

